

2019 MSW Long Course Sprint Meet - 23/03/2019**Results - MSW Long Course Sprint Meet****Girls 8 & Under 50 LC Meter Freestyle**

	Name	Age	Team	Seed Time	Finals Time
1	Su, Ella	8	Prairiewood	40.89	41.45
2	Arthur, Mary	8	Ripples St Marys	40.93	41.49
3	Dewberry, Tahlia	8	Dive In Penrith	41.92	42.06
4	Doig, Darby	8	Camden	40.39	43.03
5	Nader, Pare	7	Merrylands	53.53	49.27
6	Small, Marissa	7	Ripples St Marys	47.54	52.31
7	Vo, Keira	8	Mounties	54.55	55.25
8	Nicotra, Alexia	8	McCredie Park Aquatics	50.67	57.32
9	Shrestha, Ruby	7	Merrylands	59.52	57.77
10	Burke, Olivia	7	Mlc Marlins	58.88	1:00.90
11	Nicotra, Analise	8	McCredie Park Aquatics	1:06.49	1:01.40
12	Vandermeer, Annabel	8	Ripples St Marys	58.32	1:01.79
13	Daley, Madeline	7	Mount Annan	1:01.66	1:05.62
14	Spyropoulos, Daphne	8	McCredie Park Aquatics	NT	1:07.73
15	Cox, Lilyanah	8	Mount Annan	1:14.95	1:08.85
16	Knox, Sophie	7	Mount Annan	1:09.95	1:15.22

Girls 8 & Under 50 LC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Su, Ella	8	Prairiewood	45.99	49.55
2	Doig, Darby	8	Camden	51.70	52.04
3	Dewberry, Tahlia	8	Dive In Penrith	56.63	52.08
4	Vo, Keira	8	Mounties	57.12	57.62
5	Small, Marissa	7	Ripples St Marys	59.70	1:00.99
6	Nader, Pare	7	Merrylands	58.99	1:01.23
7	Spyropoulos, Daphne	8	McCredie Park Aquatics	1:11.00	1:06.94
8	Daley, Madeline	7	Mount Annan	1:02.90	1:08.40
9	Knox, Sophie	7	Mount Annan	1:06.81	1:09.43
10	Cox, Lilyanah	8	Mount Annan	1:22.62	1:11.48
11	Nicotra, Analise	8	McCredie Park Aquatics	1:15.34	1:12.96
12	Nicotra, Alexia	8	McCredie Park Aquatics	1:08.35	1:15.66
13	Burke, Olivia	7	Mlc Marlins	1:21.56	1:17.20
14	Vandermeer, Annabel	8	Ripples St Marys	1:20.36	1:23.86

Girls 8 & Under 50 LC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Su, Ella	8	Prairiewood	53.35	53.78
2	Arthur, Mary	8	Ripples St Marys	57.22	54.17
3	Doig, Darby	8	Camden	1:00.14	59.47
4	Small, Marissa	7	Ripples St Marys	1:02.90	1:04.51
5	Vo, Keira	8	Mounties	1:02.89	1:05.43
6	Dewberry, Tahlia	8	Dive In Penrith	1:06.94	1:06.66
7	Nicotra, Alexia	8	McCredie Park Aquatics	1:28.24	1:17.59
8	Knox, Sophie	7	Mount Annan	1:21.37	1:19.96
9	Nicotra, Analise	8	McCredie Park Aquatics	NT	1:22.20
10	Vandermeer, Annabel	8	Ripples St Marys	1:21.15	1:27.92
11	Burke, Olivia	7	Mlc Marlins	1:24.80	1:28.19
12	Spyropoulos, Daphne	8	McCredie Park Aquatics	NT	1:32.64
13	Daley, Madeline	7	Mount Annan	1:43.61	1:55.19

2019 MSW Long Course Sprint Meet - 23/03/2019**Results - MSW Long Course Sprint Meet****Girls 8 & Under 50 LC Meter Butterfly**

	Name	Age	Team	Seed Time	Finals Time
1	Doig, Darby	8	Camden	49.99	49.57
2	Su, Ella	8	Prairiewood	49.68	52.09
3	Arthur, Mary	8	Ripples St Marys	1:01.94	57.60
4	Small, Marissa	7	Ripples St Marys	58.93	57.96
5	Dewberry, Tahlia	8	Dive In Penrith	1:01.73	1:03.11
6	Nicotra, Alexia	8	McCredie Park Aquatics	1:18.75	1:08.56
7	Knox, Sophie	7	Mount Annan	1:15.83	1:21.34
8	Burke, Olivia	7	Mlc Marlins	1:42.64	1:28.56
9	Vandermeer, Annabel	8	Ripples St Marys	1:17.51	1:28.89

Girls 9 Year Olds 50 LC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Nothdurfter, Alexandra	9	Mount Annan	34.20	34.27
2	Joyce, Matilda	9	Ripples St Marys	35.40	36.38
3	Goodwin, Klarissa	9	Ripples St Marys	38.96	38.69
4	Filipinski, Hanka	9	Mount Annan	39.93	40.56
5	Bautista, Sienna	9	Prairiewood	41.32	40.74
6	Whiting, Shelby	9	Holsworthy Hammerheads	43.57	41.44
7	Bugeja, Leaneaka	9	Ripples St Marys	39.67	41.62
8	Hocking, Kara	9	Camden	42.95	43.34
9	Parrish, Sophie	9	Mount Annan	40.58	43.64
10	Jeffs, Ellie	9	Nepean Aquatic Centre	45.07	44.38
11	Shrestha, Lisa	9	Merrylands	42.21	44.59
12	Rout, Sophia	9	Mlc Marlins	43.56	44.93
13	Barry, Ava	9	Ripples St Marys	45.12	45.86
14	Finnimore, Charlotte	9	Dive In Penrith	49.01	45.94
15	Ocana, Micheele	9	Mounties	NT	1:01.79

Girls 9 Year Olds 50 LC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Nothdurfter, Alexandra	9	Mount Annan	39.73	41.32
2	Joyce, Matilda	9	Ripples St Marys	41.71	42.70
3	Rout, Sophia	9	Mlc Marlins	49.47	47.45
4	Goodwin, Klarissa	9	Ripples St Marys	45.56	47.68
5	Filipinski, Hanka	9	Mount Annan	46.96	48.98
6	Whiting, Shelby	9	Holsworthy Hammerheads	53.40	50.96
7	Bautista, Sienna	9	Prairiewood	51.81	52.96
8	Bugeja, Leaneaka	9	Ripples St Marys	49.37	53.20
9	Parrish, Sophie	9	Mount Annan	54.56	53.80
10	Barry, Ava	9	Ripples St Marys	55.06	55.61
11	Finnimore, Charlotte	9	Dive In Penrith	59.80	56.19
12	Hocking, Kara	9	Camden	50.82	56.79
13	Jeffs, Ellie	9	Nepean Aquatic Centre	57.02	57.60
14	Shrestha, Lisa	9	Merrylands	55.35	1:02.76
15	Ocana, Micheele	9	Mounties	NT	1:06.55

Girls 9 Year Olds 50 LC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Nothdurfter, Alexandra	9	Mount Annan	47.50	49.82
2	Bautista, Sienna	9	Prairiewood	52.27	51.55
3	Goodwin, Klarissa	9	Ripples St Marys	52.97	55.67
4	Bugeja, Leaneaka	9	Ripples St Marys	57.17	56.00

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Name	Age	Team	Seed Time	Finals Time
5 Barry, Ava	9	Ripples St Marys	57.23	56.08
6 Parrish, Sophie	9	Mount Annan	56.66	56.24
7 Joyce, Matilda	9	Ripples St Marys	54.13	56.63
8 Filipinski, Hanka	9	Mount Annan	56.46	57.08
9 Hocking, Kara	9	Camden	57.06	58.26
10 Whiting, Shelby	9	Holsworthy Hammerheads	1:00.04	58.92
11 Shrestha, Lisa	9	Merrylands	1:01.67	1:00.62
12 Rout, Sophia	9	Mlc Marlins	1:00.37	1:00.79
13 Finnimore, Charlotte	9	Dive In Penrith	1:03.14	1:01.51
14 Jeffs, Ellie	9	Nepean Aquatic Centre	1:10.32	1:09.05
15 Ocana, Micheele	9	Mounties	NT	1:27.54

Girls 9 Year Olds 50 LC Meter Butterfly

Name	Age	Team	Seed Time	Finals Time
1 Nothdurfter, Alexandra	9	Mount Annan	36.55	38.36
2 Joyce, Matilda	9	Ripples St Marys	41.67	44.95
3 Goodwin, Klarissa	9	Ripples St Marys	46.47	46.77
4 Bugeja, Leaneaka	9	Ripples St Marys	46.14	46.97
5 Rout, Sophia	9	Mlc Marlins	47.50	49.51
6 Bautista, Sienna	9	Prairiewood	NT	49.95
7 Filipinski, Hanka	9	Mount Annan	55.50	50.47
8 Hocking, Kara	9	Camden	51.35	52.29
9 Parrish, Sophie	9	Mount Annan	1:00.01	54.45
10 Barry, Ava	9	Ripples St Marys	1:03.67	54.70
11 Finnimore, Charlotte	9	Dive In Penrith	1:07.70	57.73
12 Jeffs, Ellie	9	Nepean Aquatic Centre	1:00.02	58.47
13 Alexa, Suello	9	Sgac Aquatics	NT	1:04.63

Girls 10 Year Olds 50 LC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Estrella, Mary	10	AquaBlitz Toongabbie	31.32	33.38
2 Iannello, Sofia	10	Prairiewood	36.71	35.32
3 Grabe, Denise	10	Picton	34.73	35.59
4 Phan, Lyna	10	Prairiewood	36.22	35.64
5 Medak, Caitlin	10	Nepean Aquatic Centre	37.95	35.90
6 Borg, Emma	10	Ripples St Marys	35.60	36.20
7 Shrestha, Niushka	10	Merrylands	36.86	36.29
8 Groucutt, Jasmine	10	Mount Annan	37.82	36.77
9 Looi, Sydney	10	Mlc Marlins	38.70	37.26
10 Tran, Katee	10	Prairiewood	36.81	37.29
11 Smith, Olivia	10	Picton	38.72	38.38
12 McKenzie, Taleah	10	Campbelltown	38.15	38.39
13 Fitzsimmons, Sydney	10	Atlantis	41.30	38.48
14 Jeffries, Christina	10	Mount Annan	38.68	39.04
15 Dewberry, Charlotte	10	Dive In Penrith	41.80	39.99
16 Ocana, Daniela	10	Mounties	NT	40.10
*17 McLeod, Callie	10	Picton	40.14	41.16
*17 Small, Isabella	10	Ripples St Marys	39.32	41.16
19 Isaac, Davina	10	Prairiewood	42.23	42.01
20 Hocking, Eva	10	Camden	44.19	42.14
21 Pleadin, Monique	10	Campbelltown	42.57	42.16
22 Knox, Olivia	10	Mount Annan	39.03	43.00

2019 MSW Long Course Sprint Meet - 23/03/2019**Results - MSW Long Course Sprint Meet****(Girls 10 Year Olds 50 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time
23 Abdelraheem, Ameena	10	Merrylands	40.48	44.02
24 Khan, Della	10	Prairiewood	44.73	47.59
25 King, Amber	10	Atlantis	50.15	47.89
26 Santoso, Nisha	10	Prairiewood	NT	49.42
--- Siafolau, Azaria	10	Swim Club Emerton	46.63	DQ

Girls 10 Year Olds 50 LC Meter Backstroke

Name	Age	Team	Seed Time	Finals Time
1 Estrella, Mary	10	AquaBlitz Toongabbie	39.85	41.07
2 Borg, Emma	10	Ripples St Marys	41.15	42.14
3 Groucutt, Jasmine	10	Mount Annan	42.81	42.59
4 Iannello, Sofia	10	Prairiewood	44.22	43.31
5 Grabe, Denise	10	Picton	42.90	44.09
6 Looi, Sydney	10	Mlc Marlins	47.24	44.78
7 Medak, Caitlin	10	Nepean Aquatic Centre	46.57	45.09
8 Phan, Lyna	10	Prairiewood	44.80	45.14
9 Tran, Katee	10	Prairiewood	45.74	45.52
10 Knox, Olivia	10	Mount Annan	47.81	47.47
11 Fitzsimmons, Sydney	10	Atlantis	50.10	47.89
12 Jeffries, Christina	10	Mount Annan	49.17	48.02
13 Pleadin, Monique	10	Campbelltown	48.27	48.28
14 Small, Isabella	10	Ripples St Marys	45.14	48.50
15 Shrestha, Niushka	10	Merrylands	48.03	49.42
16 McKenzie, Taleah	10	Campbelltown	46.95	49.51
17 Hocking, Eva	10	Camden	49.89	49.57
18 Smith, Olivia	10	Picton	47.47	50.52
19 Dewberry, Charlotte	10	Dive In Penrith	51.01	51.95
20 Isaac, Davina	10	Prairiewood	50.67	52.39
21 McLeod, Callie	10	Picton	52.01	56.16
22 Abdelraheem, Ameena	10	Merrylands	56.56	56.72
23 Siafolau, Azaria	10	Swim Club Emerton	1:01.03	58.05
24 King, Amber	10	Atlantis	NT	1:03.39
25 Khan, Della	10	Prairiewood	NT	1:03.87

Girls 10 Year Olds 50 LC Meter Breaststroke

Name	Age	Team	Seed Time	Finals Time
1 Estrella, Mary	10	AquaBlitz Toongabbie	39.09	42.81
2 Phan, Lyna	10	Prairiewood	44.81	44.11
3 Iannello, Sofia	10	Prairiewood	49.77	46.92
4 Looi, Sydney	10	Mlc Marlins	52.10	48.86
5 Borg, Emma	10	Ripples St Marys	50.62	50.33
6 Grabe, Denise	10	Picton	49.94	50.78
7 McLeod, Callie	10	Picton	51.95	51.70
8 McKenzie, Taleah	10	Campbelltown	50.15	51.82
9 Fitzsimmons, Sydney	10	Atlantis	53.54	52.13
10 Shrestha, Niushka	10	Merrylands	54.34	52.89
11 Tran, Katee	10	Prairiewood	53.35	52.90
12 Groucutt, Jasmine	10	Mount Annan	53.56	53.22
13 Pleadin, Monique	10	Campbelltown	52.95	53.74
14 Isaac, Davina	10	Prairiewood	55.10	53.87
15 Ocana, Daniela	10	Mounties	54.15	54.10
16 Smith, Olivia	10	Picton	52.93	54.91

2019 MSW Long Course Sprint Meet - 23/03/2019**Results - MSW Long Course Sprint Meet****(Girls 10 Year Olds 50 LC Meter Breaststroke)**

	Name	Age	Team	Seed Time	Finals Time
17	Small, Isabella	10	Ripples St Marys	54.34	55.29
18	Dewberry, Charlotte	10	Dive In Penrith	1:00.17	57.56
19	Hocking, Eva	10	Camden	59.89	58.05
20	Jeffries, Christina	10	Mount Annan	56.37	58.48
21	Knox, Olivia	10	Mount Annan	56.43	59.40
22	King, Amber	10	Atlantis	1:04.76	1:00.06
23	Medak, Caitlin	10	Nepean Aquatic Centre	59.16	1:00.33
24	Khan, Della	10	Prairiewood	NT	1:03.69
25	Santoso, Nisha	10	Prairiewood	NT	1:04.74
26	Abdelraheem, Ameena	10	Merrylands	1:05.60	1:05.55
27	Siafolau, Azaria	10	Swim Club Emerton	1:07.46	1:08.61

Girls 10 Year Olds 50 LC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Estrella, Mary	10	AquaBlitz Toongabbie	36.95	38.37
2	Iannello, Sofia	10	Prairiewood	41.20	38.91
3	Phan, Lyna	10	Prairiewood	42.11	39.88
4	Grabe, Denise	10	Picton	38.96	40.04
5	Medak, Caitlin	10	Nepean Aquatic Centre	41.14	40.57
6	Groucutt, Jasmine	10	Mount Annan	42.48	42.05
7	Fitzsimmons, Sydney	10	Atlantis	45.89	42.48
8	Shrestha, Niushka	10	Merrylands	40.34	43.02
9	Looi, Sydney	10	Mlc Marlins	47.78	43.32
10	McKenzie, Taleah	10	Campbelltown	45.02	44.28
11	Borg, Emma	10	Ripples St Marys	45.21	44.61
12	Tran, Katee	10	Prairiewood	45.23	45.15
13	Knox, Olivia	10	Mount Annan	46.25	46.97
14	Small, Isabella	10	Ripples St Marys	44.15	47.73
15	Pleadin, Monique	10	Campbelltown	48.17	48.00
16	McLeod, Callie	10	Picton	51.80	50.97
17	Ocana, Daniela	10	Mounties	50.13	51.42
18	Dewberry, Charlotte	10	Dive In Penrith	53.01	51.68
19	Isaac, Davina	10	Prairiewood	54.59	54.11
20	Jeffries, Christina	10	Mount Annan	56.74	54.50
21	Abdelraheem, Ameena	10	Merrylands	1:02.59	55.57
22	King, Amber	10	Atlantis	1:08.99	1:02.06
23	Siafolau, Azaria	10	Swim Club Emerton	1:24.22	1:03.73
24	Khan, Della	10	Prairiewood	NT	1:06.41
25	Hocking, Eva	10	Camden	54.45	1:07.75

Girls 11 Year Olds 50 LC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Shrestha, Summer	11	Merrylands	32.07	32.00
2	Lay, Keely	11	Liverpool	32.62	32.63
3	Jones, Akaysha	11	Liverpool	31.98	32.99
4	Voon, Celine	11	AquaBlitz Toongabbie	33.67	33.48
5	Macpherson, Helen	11	Merrylands	33.33	33.69
6	Song, Alana	11	Liverpool	33.59	34.07
7	Turkington, Grace	11	Atlantis	35.09	35.14
8	King, Arianna	11	Atlantis	35.03	35.34
9	Simpson, Jenna	11	Camden	36.32	35.94
10	Khau, Jasmin	11	Prairiewood	37.47	36.57

2019 MSW Long Course Sprint Meet - 23/03/2019**Results - MSW Long Course Sprint Meet****(Girls 11 Year Olds 50 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time
11 Jones, Brooke	11	Ripples St Marys	37.68	38.48
12 Shrestha, Nevah	11	Merrylands	37.79	38.56
13 Dang, Mylan	11	Mounties	39.45	38.97
14 Siafolau, Leilani	11	Swim Club Emerton	38.52	39.27
15 Finnimore, Alyssa	11	Dive In Penrith	41.04	39.48
16 Vandermeer, Amelia	11	Ripples St Marys	40.33	40.03
17 Debrincat, Tahlia	11	Ripples St Marys	40.00	42.02
18 Muiser, Paige	11	Mount Annan	41.24	43.04
19 Vardy, Hayley	11	Picton	41.74	43.33
20 Bell, Adelaide	11	Mount Annan	42.73	43.83
21 Shrestha, Shreya	11	Merrylands	47.84	45.40

Girls 11 Year Olds 50 LC Meter Backstroke

Name	Age	Team	Seed Time	Finals Time
1 Jones, Akaysha	11	Liverpool	36.90	38.54
2 Lay, Keely	11	Liverpool	38.85	39.32
3 Voon, Celine	11	AquaBlitz Toongabbie	40.93	41.61
4 Macpherson, Helen	11	Merrylands	41.81	42.43
5 Turkington, Grace	11	Atlantis	44.94	42.91
6 Khau, Jasmin	11	Prairiewood	44.14	43.81
7 King, Arianna	11	Atlantis	45.56	44.39
8 Shrestha, Summer	11	Merrylands	41.82	44.44
9 Simpson, Jenna	11	Camden	43.56	44.78
10 Siafolau, Leilani	11	Swim Club Emerton	44.83	44.91
11 Shrestha, Nevah	11	Merrylands	45.86	45.93
12 Song, Alana	11	Liverpool	42.55	46.33
13 Jones, Brooke	11	Ripples St Marys	47.96	47.73
14 Finnimore, Alyssa	11	Dive In Penrith	51.41	48.42
15 Dang, Mylan	11	Mounties	48.47	48.66
16 Debrincat, Tahlia	11	Ripples St Marys	46.31	50.28
17 Vardy, Hayley	11	Picton	52.71	55.00
18 Muiser, Paige	11	Mount Annan	52.43	55.86
19 Shrestha, Shreya	11	Merrylands	53.24	56.98
20 Bell, Adelaide	11	Mount Annan	59.86	1:01.68

Girls 11 Year Olds 50 LC Meter Breaststroke

Name	Age	Team	Seed Time	Finals Time
1 Song, Alana	11	Liverpool	43.90	44.52
2 Voon, Celine	11	AquaBlitz Toongabbie	44.38	45.01
3 Lay, Keely	11	Liverpool	44.40	45.11
4 Shrestha, Summer	11	Merrylands	46.62	47.06
5 Khau, Jasmin	11	Prairiewood	50.26	49.08
6 Jones, Akaysha	11	Liverpool	47.50	49.73
7 King, Arianna	11	Atlantis	49.83	50.34
8 Jones, Brooke	11	Ripples St Marys	50.62	50.78
9 Turkington, Grace	11	Atlantis	50.33	51.09
10 Dang, Mylan	11	Mounties	52.18	51.38
11 Macpherson, Helen	11	Merrylands	51.09	52.46
12 Vandermeer, Amelia	11	Ripples St Marys	53.93	54.97
13 Siafolau, Leilani	11	Swim Club Emerton	58.45	56.10
14 Simpson, Jenna	11	Camden	56.56	56.91
15 Shrestha, Nevah	11	Merrylands	55.97	58.00

2019 MSW Long Course Sprint Meet - 23/03/2019**Results - MSW Long Course Sprint Meet****(Girls 11 Year Olds 50 LC Meter Breaststroke)**

Name	Age	Team	Seed Time	Finals Time
16 Debrincat, Tahlia	11	Ripples St Marys	57.89	58.28
17 Finnimore, Alyssa	11	Dive In Penrith	56.99	1:00.08
18 Muiser, Paige	11	Mount Annan	58.50	1:02.79
19 Bell, Adelaide	11	Mount Annan	58.44	1:02.84
20 Shrestha, Shreya	11	Merrylands	1:11.63	1:06.82
21 Vardy, Hayley	11	Picton	1:03.25	1:07.97

Girls 11 Year Olds 50 LC Meter Butterfly

Name	Age	Team	Seed Time	Finals Time
*1 Lay, Keely	11	Liverpool	38.15	36.93
*1 Voon, Celine	11	AquaBlitz Toongabbie	37.65	36.93
3 Jones, Akaysha	11	Liverpool	37.58	37.80
4 Turkington, Grace	11	Atlantis	38.48	37.96
5 Shrestha, Summer	11	Merrylands	39.81	38.38
6 Simpson, Jenna	11	Camden	38.72	39.31
7 Macpherson, Helen	11	Merrylands	39.80	39.61
8 Song, Alana	11	Liverpool	39.99	39.85
9 King, Arianna	11	Atlantis	40.22	40.51
10 Khau, Jasmin	11	Prairiewood	43.63	40.58
11 Jones, Brooke	11	Ripples St Marys	44.54	43.39
12 Dang, Mylan	11	Mounties	44.21	43.84
13 Shrestha, Nevah	11	Merrylands	51.94	51.91
14 Muiser, Paige	11	Mount Annan	54.23	52.62
15 Vandermeer, Amelia	11	Ripples St Marys	54.84	52.92
16 Debrincat, Tahlia	11	Ripples St Marys	57.17	55.83
17 Vardy, Hayley	11	Picton	1:04.82	59.56
18 Bell, Adelaide	11	Mount Annan	1:00.17	1:02.66

Girls 12 Year Olds 50 LC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Shearley, Amber	12	Ripples St Marys	32.26	33.87
2 Joseph, Sanya	12	AquaBlitz Toongabbie	34.30	34.70
3 Lund, Emily	12	Atlantis	35.27	35.58
4 Marks, Jessica	12	Macquarie Fields	37.65	35.94
5 Gifford, Isabella	12	Macquarie Fields	36.11	36.19
6 Marks, Danielle	12	Macquarie Fields	36.87	37.25
7 Rudd, Sharmaine	12	Camden	36.89	37.33
8 Cox, Mikhayla	12	Mount Annan	39.10	38.98
9 Rasdall, Imogen	12	Mount Annan	40.50	40.05
10 King, Keira	12	Atlantis	39.76	40.34
11 Vidaurre, Victoria	12	Mounties	42.26	40.96
12 Nicotra, Annabelle	12	McCredie Park Aquatics	40.45	41.41
13 Becroft, Ella	12	Ripples St Marys	39.96	41.72

Girls 12 Year Olds 50 LC Meter Backstroke

Name	Age	Team	Seed Time	Finals Time
1 Shearley, Amber	12	Ripples St Marys	41.31	43.23
2 Becroft, Ella	12	Ripples St Marys	44.55	43.49
3 Joseph, Sanya	12	AquaBlitz Toongabbie	45.38	44.32
4 Gifford, Isabella	12	Macquarie Fields	46.14	46.65
5 Vidaurre, Victoria	12	Mounties	48.68	47.70
6 Marks, Danielle	12	Macquarie Fields	49.06	47.76

2019 MSW Long Course Sprint Meet - 23/03/2019**Results - MSW Long Course Sprint Meet****(Girls 12 Year Olds 50 LC Meter Backstroke)**

	Name	Age	Team	Seed Time	Finals Time
7	Lund, Emily	12	Atlantis	48.37	48.74
8	Cox, Mikhayla	12	Mount Annan	48.93	51.12
9	Rasdall, Imogen	12	Mount Annan	50.80	54.38
10	Nicotra, Annabelle	12	McCredie Park Aquatics	53.40	56.21

Girls 12 Year Olds 50 LC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Marks, Jessica	12	Macquarie Fields	47.90	45.08
2	Joseph, Sanya	12	AquaBlitz Toongabbie	45.50	45.71
3	Rudd, Sharmaine	12	Camden	47.69	46.98
4	Shearley, Amber	12	Ripples St Marys	45.10	48.00
5	Marks, Danielle	12	Macquarie Fields	49.19	51.24
6	Lund, Emily	12	Atlantis	51.95	53.08
7	Gifford, Isabella	12	Macquarie Fields	52.88	54.04
8	Becroft, Ella	12	Ripples St Marys	52.95	55.01
9	Nicotra, Annabelle	12	McCredie Park Aquatics	55.39	55.51
10	King, Keira	12	Atlantis	55.06	56.80
11	Rasdall, Imogen	12	Mount Annan	57.10	57.08
12	Vidaurre, Victoria	12	Mounties	56.02	57.24
13	Cox, Mikhayla	12	Mount Annan	56.19	57.68

Girls 12 Year Olds 50 LC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Joseph, Sanya	12	AquaBlitz Toongabbie	35.69	36.20
2	Shearley, Amber	12	Ripples St Marys	37.86	38.67
3	Lund, Emily	12	Atlantis	40.76	39.55
4	Gifford, Isabella	12	Macquarie Fields	42.99	41.52
5	Rudd, Sharmaine	12	Camden	45.29	44.31
6	Marks, Danielle	12	Macquarie Fields	47.64	45.15
7	Nicotra, Annabelle	12	McCredie Park Aquatics	47.95	45.87
8	Becroft, Ella	12	Ripples St Marys	46.59	46.15
9	Marks, Jessica	12	Macquarie Fields	50.53	46.61
10	Vidaurre, Victoria	12	Mounties	NT	52.57
11	Rasdall, Imogen	12	Mount Annan	52.50	54.43
12	Cox, Mikhayla	12	Mount Annan	55.94	54.69

Girls 13 Year Olds 50 LC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Upton, Imogen	13	Camden	30.66	30.60
2	Denham, Annalise	13	Mount Annan	30.29	30.86
3	Dang, Mylinh	13	Mounties	32.13	31.84
*4	Dimkovska, Natasha	13	Mounties	33.50	34.28
*4	Rice, Taylor	13	Picton	34.53	34.28
6	Wyeth, Bianca	13	Picton	33.69	34.39
7	Spyropoulos, Angelina	13	Bankstown Sports	36.07	35.28
8	Becroft, Stacie	13	Ripples St Marys	35.74	35.97
9	Su, Alyssa	13	Prairiewood	35.35	36.25
10	Ocana, Sofia	13	Mounties	NT	37.22
11	North, Rose	13	Picton	35.79	37.58
12	Rice, Anessa	13	Picton	35.26	41.13

2019 MSW Long Course Sprint Meet - 23/03/2019**Results - MSW Long Course Sprint Meet****Girls 13 Year Olds 50 LC Meter Backstroke**

	Name	Age	Team	Seed Time	Finals Time
1	Wyeth, Bianca	13	Picton	38.41	37.65
2	Upton, Imogen	13	Camden	35.85	37.66
3	Denham, Annalise	13	Mount Annan	38.12	38.40
4	Dang, Mylinh	13	Mounties	38.98	39.11
5	Rice, Taylor	13	Picton	42.40	42.05
6	North, Rose	13	Picton	41.60	42.83
7	Becroft, Stacie	13	Ripples St Marys	43.08	43.05
8	Spyropoulos, Angelina	13	Bankstown Sports	45.60	44.36
9	Su, Alyssa	13	Prairiewood	41.81	45.46
10	Ocana, Sofia	13	Mounties	NT	47.70

Girls 13 Year Olds 50 LC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Upton, Imogen	13	Camden	39.32	41.41
2	Su, Alyssa	13	Prairiewood	43.99	43.91
3	Denham, Annalise	13	Mount Annan	43.36	44.83
4	Dang, Mylinh	13	Mounties	44.35	46.34
5	Becroft, Stacie	13	Ripples St Marys	47.07	46.74
6	Rice, Taylor	13	Picton	48.08	47.38
7	Ocana, Sofia	13	Mounties	NT	49.24
8	Spyropoulos, Angelina	13	Bankstown Sports	48.71	49.84
9	Dimkovska, Natasha	13	Mounties	49.84	52.30
10	North, Rose	13	Picton	52.59	54.42

Girls 13 Year Olds 50 LC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Denham, Annalise	13	Mount Annan	34.61	33.70
2	Upton, Imogen	13	Camden	33.37	34.34
3	Dang, Mylinh	13	Mounties	36.92	35.02
4	Becroft, Stacie	13	Ripples St Marys	37.39	35.51
5	Wyeth, Bianca	13	Picton	37.29	36.37
6	Rice, Taylor	13	Picton	39.77	40.21
7	Su, Alyssa	13	Prairiewood	40.23	40.78
8	Spyropoulos, Angelina	13	Bankstown Sports	43.31	40.92
9	North, Rose	13	Picton	43.64	41.67
10	Dimkovska, Natasha	13	Mounties	40.47	41.72
---	Ocana, Sofia	13	Mounties	NT	DQ

Girls 14 Year Olds 50 LC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Attard, Paige	14	Prairiewood	29.48	30.03
2	Cox, Kaneisha	14	Mount Annan	30.31	31.29
3	Hooton, Olivia	14	Mount Annan	32.17	32.26

Girls 14 Year Olds 50 LC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Cox, Kaneisha	14	Mount Annan	35.69	35.44
2	Hooton, Olivia	14	Mount Annan	36.96	37.90
3	Attard, Paige	14	Prairiewood	37.41	39.89

2019 MSW Long Course Sprint Meet - 23/03/2019**Results - MSW Long Course Sprint Meet****Girls 14 Year Olds 50 LC Meter Breaststroke**

	Name	Age	Team	Seed Time	Finals Time
1	Attard, Paige	14	Prairiewood	40.19	40.79
2	Cox, Kaneisha	14	Mount Annan	43.97	43.63

Girls 14 Year Olds 50 LC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Cox, Kaneisha	14	Mount Annan	33.65	33.15
2	Attard, Paige	14	Prairiewood	34.21	33.25
3	Hooton, Olivia	14	Mount Annan	35.25	35.87

Girls 15 & Over 50 LC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Van Stralen, Tiana	15	Picton	29.48	29.13
2	Green, Georgia	15	Ripples St Marys	30.51	31.94
3	Lill, Joanna	15	Mount Annan	31.98	32.40
4	Vardy, Emily	15	Picton	32.75	32.51
5	Vicic, Sophia	15	Merrylands	32.13	33.01
6	Jeffries, Anna	15	Mount Annan	35.74	35.05
7	Wyeth, Louise	17	Picton	33.43	35.75
8	El Riachi, Charlie-Rose	15	Merrylands	35.98	36.76

Girls 15 & Over 50 LC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Van Stralen, Tiana	15	Picton	34.11	35.54
2	Lill, Joanna	15	Mount Annan	38.63	39.05
3	Vicic, Sophia	15	Merrylands	40.11	39.94
4	Wyeth, Louise	17	Picton	39.25	40.77
5	Jeffries, Anna	15	Mount Annan	41.66	41.57
6	Vardy, Emily	15	Picton	44.79	45.13
7	El Riachi, Charlie-Rose	15	Merrylands	47.18	46.17

Girls 15 & Over 50 LC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Van Stralen, Tiana	15	Picton	40.54	39.32
2	Vicic, Sophia	15	Merrylands	43.14	43.43
3	Lill, Joanna	15	Mount Annan	44.20	45.32
4	Jeffries, Anna	15	Mount Annan	47.91	48.51
5	El Riachi, Charlie-Rose	15	Merrylands	49.67	49.64
6	Vardy, Emily	15	Picton	49.13	50.59
7	Wyeth, Louise	17	Picton	46.85	50.76

Girls 15 & Over 50 LC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Van Stralen, Tiana	15	Picton	31.40	30.78
2	Green, Georgia	15	Ripples St Marys	31.72	33.15
3	Vicic, Sophia	15	Merrylands	35.40	35.80
4	Vardy, Emily	15	Picton	37.24	36.98
5	Jeffries, Anna	15	Mount Annan	38.04	37.65
6	Wyeth, Louise	17	Picton	36.17	39.21
7	Lill, Joanna	15	Mount Annan	40.44	41.08
8	El Riachi, Charlie-Rose	15	Merrylands	42.14	41.34

2019 MSW Long Course Sprint Meet - 23/03/2019**Results - MSW Long Course Sprint Meet****Boys 8 & Under 50 LC Meter Freestyle**

	Name	Age	Team	Seed Time	Finals Time
1	Valassis, Thomas	8	McCredie Park Aquatics	39.15	41.19
2	Isaac, Jonah	8	Prairiewood	45.04	41.79
3	Vicic, Daniel	8	Merrylands	42.48	44.11
4	Borg, Alex	7	Ripples St Marys	42.23	44.26
5	Assi, Joseph	8	Merrylands	47.17	44.53
6	Rothwell, Zayden	8	Blacktown City	42.77	44.95
7	Baker, Elijah	8	AquaBlitz Toongabbie	43.61	45.45
8	Reitsma, Isaac	8	AquaBlitz Toongabbie	46.48	48.34
9	El-Chami, Abraham	8	Merrylands	47.27	48.78
10	McDonogh, Luke	8	Holsworthy Hammerheads	50.80	51.24
11	Voon, Ethan	7	AquaBlitz Toongabbie	53.86	52.25
12	Pearce, Joshua	7	Mounties	52.03	52.29
13	Turkington, Samuel	7	Atlantis	58.17	52.89
14	Projcevski, Vincent	8	McCredie Park Aquatics	54.43	55.61
15	Choi, Ryan	6	McCredie Park Aquatics	NT	1:00.59
16	Bui, David	7	Ripples St Marys	1:14.86	1:06.82

Boys 8 & Under 50 LC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Rothwell, Zayden	8	Blacktown City	50.51	49.38
2	Valassis, Thomas	8	McCredie Park Aquatics	48.07	49.67
3	Borg, Alex	7	Ripples St Marys	49.79	50.79
4	Isaac, Jonah	8	Prairiewood	54.53	50.83
5	Reitsma, Isaac	8	AquaBlitz Toongabbie	54.99	53.94
6	Vicic, Daniel	8	Merrylands	55.12	54.38
7	Baker, Elijah	8	AquaBlitz Toongabbie	54.78	55.05
8	Voon, Ethan	7	AquaBlitz Toongabbie	58.56	1:00.19
9	McDonogh, Luke	8	Holsworthy Hammerheads	1:02.84	1:01.35
10	El-Chami, Abraham	8	Merrylands	59.32	1:02.50
11	Assi, Joseph	8	Merrylands	1:01.29	1:04.16
12	Pearce, Joshua	7	Mounties	1:03.87	1:04.31
13	Projcevski, Vincent	8	McCredie Park Aquatics	1:02.22	1:08.49
14	Bui, David	7	Ripples St Marys	NT	1:16.59

Boys 8 & Under 50 LC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Reitsma, Isaac	8	AquaBlitz Toongabbie	54.16	54.00
2	Assi, Joseph	8	Merrylands	59.90	55.71
3	Valassis, Thomas	8	McCredie Park Aquatics	58.43	58.12
4	Isaac, Jonah	8	Prairiewood	1:00.83	58.53
5	Vicic, Daniel	8	Merrylands	1:04.08	1:00.87
6	Borg, Alex	7	Ripples St Marys	1:02.02	1:01.86
7	Rothwell, Zayden	8	Blacktown City	1:06.74	1:04.30
8	Baker, Elijah	8	AquaBlitz Toongabbie	1:06.07	1:08.09
9	Voon, Ethan	7	AquaBlitz Toongabbie	1:16.50	1:12.20
10	Pearce, Joshua	7	Mounties	1:06.35	1:15.18
11	El-Chami, Abraham	8	Merrylands	1:23.08	1:17.14
12	Projcevski, Vincent	8	McCredie Park Aquatics	1:16.31	1:18.16
13	McDonogh, Luke	8	Holsworthy Hammerheads	1:13.22	1:19.94
14	Bui, David	7	Ripples St Marys	1:19.23	1:21.85

2019 MSW Long Course Sprint Meet - 23/03/2019**Results - MSW Long Course Sprint Meet****Boys 8 & Under 50 LC Meter Butterfly**

	Name	Age	Team	Seed Time	Finals Time
1	Valassis, Thomas	8	McCredie Park Aquatics	48.06	49.15
2	Baker, Elijah	8	AquaBlitz Toongabbie	56.14	54.57
3	Voon, Ethan	7	AquaBlitz Toongabbie	NT	59.98
4	Borg, Alex	7	Ripples St Marys	1:02.63	1:00.08
5	Isaac, Jonah	8	Prairiewood	52.17	1:00.66
6	Reitsma, Isaac	8	AquaBlitz Toongabbie	1:07.89	1:01.00
7	Vicic, Daniel	8	Merrylands	1:05.42	1:01.30
8	Rothwell, Zayden	8	Blacktown City	1:05.18	1:03.18

Boys 9 Year Olds 50 LC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Debrincat, Zane	9	Ripples St Marys	36.69	36.56
2	Jensen, Lachlan	9	Nepean Aquatic Centre	38.60	38.61
3	Willing, Kian	9	Nepean Aquatic Centre	41.73	39.82
4	Gaspar, Dylan	9	Mount Annan	40.82	41.11
5	Ha, Thomas	9	Prairiewood	NT	41.45
6	Shrestha, Unish	9	Merrylands	40.54	41.98
7	Barry, William	9	Ripples St Marys	41.68	42.45
8	Hada, Joab	9	Merrylands	40.66	42.65
9	Pearce, Ethan	9	Mounties	41.82	45.44
10	Choi, David	9	McCredie Park Aquatics	NT	49.58
11	Bell, Hamish	9	Mount Annan	57.50	51.74

Boys 9 Year Olds 50 LC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Debrincat, Zane	9	Ripples St Marys	43.86	42.94
2	Gaspar, Dylan	9	Mount Annan	46.58	45.21
3	Ha, Thomas	9	Prairiewood	NT	47.84
4	Jensen, Lachlan	9	Nepean Aquatic Centre	52.34	47.98
5	Barry, William	9	Ripples St Marys	50.04	48.03
6	Willing, Kian	9	Nepean Aquatic Centre	51.21	48.30
7	Shrestha, Unish	9	Merrylands	49.30	51.42
8	Projcevski, Benjamin	9	McCredie Park Aquatics	50.72	51.56
9	Pearce, Ethan	9	Mounties	53.47	56.86
10	Hada, Joab	9	Merrylands	52.17	57.72
11	Bell, Hamish	9	Mount Annan	1:06.90	59.96

Boys 9 Year Olds 50 LC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Gaspar, Dylan	9	Mount Annan	53.05	49.79
2	Debrincat, Zane	9	Ripples St Marys	49.87	50.25
3	Ha, Thomas	9	Prairiewood	NT	54.87
4	Barry, William	9	Ripples St Marys	51.51	55.05
5	Pearce, Ethan	9	Mounties	53.62	55.84
6	Shrestha, Unish	9	Merrylands	54.30	57.07
7	Projcevski, Benjamin	9	McCredie Park Aquatics	55.39	57.52
8	Jensen, Lachlan	9	Nepean Aquatic Centre	59.91	58.53
9	Willing, Kian	9	Nepean Aquatic Centre	1:05.68	1:03.51
10	Hada, Joab	9	Merrylands	1:05.26	1:07.20
11	Choi, David	9	McCredie Park Aquatics	NT	1:10.14
12	Bell, Hamish	9	Mount Annan	1:11.44	1:17.26

2019 MSW Long Course Sprint Meet - 23/03/2019**Results - MSW Long Course Sprint Meet****Boys 9 Year Olds 50 LC Meter Butterfly**

	Name	Age	Team	Seed Time	Finals Time
1	Debrincat, Zane	9	Ripples St Marys	42.16	43.40
2	Barry, William	9	Ripples St Marys	54.50	46.19
3	Willing, Kian	9	Nepean Aquatic Centre	50.49	46.72
4	Ha, Thomas	9	Prairiewood	NT	46.94
5	Gaspar, Dylan	9	Mount Annan	47.01	47.87
6	Shrestha, Unish	9	Merrylands	51.20	49.29
7	Jensen, Lachlan	9	Nepean Aquatic Centre	52.34	50.34
8	Pearce, Ethan	9	Mounties	53.96	52.72
9	Hada, Joab	9	Merrylands	1:07.47	1:01.38
10	Projceviski, Benjamin	9	McCredie Park Aquatics	1:00.26	1:04.30

Boys 10 Year Olds 50 LC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Higgins, Billy	10	Ripples St Marys	33.47	33.74
2	Parish, Bryce	10	Camden	33.57	34.08
3	Barry, Jack	10	Ripples St Marys	34.65	35.62
4	Vo, Kaiden	10	Mounties	36.19	36.29
5	Su, Jayden	10	Prairiewood	39.16	37.93
6	Green, Harrison	10	Ripples St Marys	38.61	39.03
7	Spyropoulos, Nicholas	10	McCredie Park Aquatics	44.07	41.40
8	Babic, Luke	10	Mounties	43.32	42.22
9	Murray, Liam	10	Camden	42.36	42.28
10	Knezevic, Marko	10	Sgac Aquatics	42.12	42.50
11	Kha, Dylan	10	Mounties	NT	43.02
12	Pham, Dominic	10	Prairiewood	NT	43.21
13	Villada, Austin	10	Prairiewood	NT	43.85
14	Capovilla, Michael	10	Prairiewood	NT	43.89
15	Van Stralen, Jayden	10	Picton	44.75	46.87
16	Aitken-Ling, Landon	10	Mount Annan	48.86	48.10
17	Baker, Isaac	10	AquaBlitz Toongabbie	52.49	54.51
---	Tang, Brian	10	Mounties	NT	DQ

Boys 10 Year Olds 50 LC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Barry, Jack	10	Ripples St Marys	40.59	40.74
2	Parish, Bryce	10	Camden	41.24	41.14
3	Higgins, Billy	10	Ripples St Marys	43.20	41.93
4	Green, Harrison	10	Ripples St Marys	45.97	44.70
5	Su, Jayden	10	Prairiewood	45.89	46.48
6	Vo, Kaiden	10	Mounties	46.17	46.76
7	Knezevic, Marko	10	Sgac Aquatics	NT	47.56
8	Babic, Luke	10	Mounties	49.41	51.01
9	Pham, Dominic	10	Prairiewood	NT	51.99
10	Villada, Austin	10	Prairiewood	NT	52.38
11	Capovilla, Michael	10	Prairiewood	NT	54.63
12	Spyropoulos, Nicholas	10	McCredie Park Aquatics	51.86	56.00
13	Murray, Liam	10	Camden	53.26	56.37
14	Kha, Dylan	10	Mounties	NT	56.83
15	Tang, Brian	10	Mounties	NT	59.14
16	Van Stralen, Jayden	10	Picton	55.58	59.94
17	Aitken-Ling, Landon	10	Mount Annan	1:00.78	1:02.60

2019 MSW Long Course Sprint Meet - 23/03/2019**Results - MSW Long Course Sprint Meet****(Boys 10 Year Olds 50 LC Meter Backstroke)**

Name	Age	Team	Seed Time	Finals Time
18 Baker, Isaac	10	AquaBlitz Toongabbie	1:11.01	1:11.95

Boys 10 Year Olds 50 LC Meter Breaststroke

Name	Age	Team	Seed Time	Finals Time
1 Barry, Jack	10	Ripples St Marys	42.60	44.68
2 Su, Jayden	10	Prairiewood	47.43	46.54
3 Parish, Bryce	10	Camden	47.65	47.04
4 Higgins, Billy	10	Ripples St Marys	48.12	47.80
5 Vo, Kaiden	10	Mounties	49.88	49.42
6 Babic, Luke	10	Mounties	54.88	53.31
7 Green, Harrison	10	Ripples St Marys	57.26	55.69
8 Pham, Dominic	10	Prairiewood	NT	57.05
9 Spyropoulos, Nicholas	10	McCredie Park Aquatics	1:00.45	57.44
10 Capovilla, Michael	10	Prairiewood	NT	1:00.78
11 Murray, Liam	10	Camden	56.99	1:01.00
12 Villada, Austin	10	Prairiewood	NT	1:01.30
13 Aitken-Ling, Landon	10	Mount Annan	56.07	1:02.42
14 Tang, Brian	10	Mounties	NT	1:02.69
15 Baker, Isaac	10	AquaBlitz Toongabbie	1:21.94	1:20.91
16 Van Stralen, Jayden	10	Picton	1:07.94	1:22.29

Boys 10 Year Olds 50 LC Meter Butterfly

Name	Age	Team	Seed Time	Finals Time
1 Parish, Bryce	10	Camden	41.24	38.85
2 Higgins, Billy	10	Ripples St Marys	38.97	40.05
3 Barry, Jack	10	Ripples St Marys	43.19	43.90
4 Green, Harrison	10	Ripples St Marys	46.78	45.03
5 Su, Jayden	10	Prairiewood	47.23	47.69
6 Vo, Kaiden	10	Mounties	48.05	47.77
7 Villada, Austin	10	Prairiewood	55.70	54.55
8 Knezevic, Marko	10	Sgac Aquatics	NT	54.69
9 Capovilla, Michael	10	Prairiewood	NT	54.79
10 Spyropoulos, Nicholas	10	McCredie Park Aquatics	1:00.72	55.05
11 Tang, Brian	10	Mounties	NT	55.24
12 Van Stralen, Jayden	10	Picton	1:03.73	1:05.00
13 Baker, Isaac	10	AquaBlitz Toongabbie	1:14.52	1:06.77
14 Aitken-Ling, Landon	10	Mount Annan	1:16.90	1:11.56

Boys 11 Year Olds 50 LC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Vicic, Matthew	11	Merrylands	31.81	31.49
2 Zhang, Ryan	11	AquaBlitz Toongabbie	34.79	33.36
3 Baker, Gabriel	11	AquaBlitz Toongabbie	33.01	33.78
4 Domingo, Xander	11	Sgac Aquatics	34.79	34.58
5 Alavanja, Nikola	11	Mounties	35.38	34.97
6 Nothdurfter, Andrew	11	Mount Annan	34.32	35.05
7 Pearce, Noah	11	Mounties	35.25	35.16
8 Parish, Joel	11	Camden	36.99	35.25
9 Metcalf, Mason	11	Liverpool	34.89	37.33
10 Choi, Luke	11	McCredie Park Aquatics	NT	38.23
11 Shah, Nityam	11	Blacktown City	42.66	42.18
12 El-Chami, Bilal	11	Merrylands	39.79	43.42

2019 MSW Long Course Sprint Meet - 23/03/2019**Results - MSW Long Course Sprint Meet****(Boys 11 Year Olds 50 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time
13 Lill, Daniel	11	Mount Annan	49.78	54.74

Boys 11 Year Olds 50 LC Meter Backstroke

Name	Age	Team	Seed Time	Finals Time
1 Vicic, Matthew	11	Merrylands	39.93	40.13
2 Alavanja, Nikola	11	Mounties	40.04	42.04
3 Pearce, Noah	11	Mounties	41.61	42.22
4 Nothdurfter, Andrew	11	Mount Annan	40.52	42.35
5 Domingo, Xander	11	Sgac Aquatics	43.07	42.96
6 Parish, Joel	11	Camden	46.15	43.05
7 Zhang, Ryan	11	AquaBlitz Toongabbie	44.80	44.76
8 Baker, Gabriel	11	AquaBlitz Toongabbie	43.41	45.07
9 Metcalf, Mason	11	Liverpool	42.09	46.64
10 El-Chami, Bilal	11	Merrylands	47.99	54.12
11 Shah, Nityam	11	Blacktown City	58.39	54.98
12 Lill, Daniel	11	Mount Annan	1:00.47	1:05.86

Boys 11 Year Olds 50 LC Meter Breaststroke

Name	Age	Team	Seed Time	Finals Time
1 Domingo, Xander	11	Sgac Aquatics	43.31	44.60
2 Alavanja, Nikola	11	Mounties	45.82	45.63
3 Parish, Joel	11	Camden	46.14	45.85
4 Vicic, Matthew	11	Merrylands	48.35	46.96
5 Pearce, Noah	11	Mounties	47.64	47.49
6 Baker, Gabriel	11	AquaBlitz Toongabbie	49.95	48.05
7 Nothdurfter, Andrew	11	Mount Annan	48.29	49.04
8 Zhang, Ryan	11	AquaBlitz Toongabbie	51.70	49.44
9 Shah, Nityam	11	Blacktown City	56.42	54.76
10 Choi, Luke	11	McCredie Park Aquatics	NT	55.29
11 Metcalf, Mason	11	Liverpool	53.67	55.87
12 El-Chami, Bilal	11	Merrylands	1:01.81	1:04.72
13 Lill, Daniel	11	Mount Annan	1:26.48	1:22.10

Boys 11 Year Olds 50 LC Meter Butterfly

Name	Age	Team	Seed Time	Finals Time
1 Vicic, Matthew	11	Merrylands	35.92	35.96
2 Baker, Gabriel	11	AquaBlitz Toongabbie	36.20	37.54
3 Zhang, Ryan	11	AquaBlitz Toongabbie	31.97	41.08
4 Nothdurfter, Andrew	11	Mount Annan	42.51	44.00
5 Choi, Luke	11	McCredie Park Aquatics	NT	44.30
*6 Alavanja, Nikola	11	Mounties	42.88	44.38
*6 Domingo, Xander	11	Sgac Aquatics	43.46	44.38
8 Metcalf, Mason	11	Liverpool	41.36	44.94
9 Parish, Joel	11	Camden	46.63	46.36
10 Shah, Nityam	11	Blacktown City	54.56	51.11
11 El-Chami, Bilal	11	Merrylands	1:04.21	1:03.10
12 Lill, Daniel	11	Mount Annan	1:39.93	1:46.91

Boys 12 Year Olds 50 LC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 McLeod, Cooper	12	Picton	30.16	30.24
2 Bullard, Liam	12	Nepean Aquatic Centre	31.48	32.06
3 Parrish, Riley	12	Mount Annan	31.22	32.29

2019 MSW Long Course Sprint Meet - 23/03/2019**Results - MSW Long Course Sprint Meet****(Boys 12 Year Olds 50 LC Meter Freestyle)**

Name	Age	Team	Seed Time	Finals Time
4 Crakanthorp, Hugh	12	Trinity Grammar	33.14	33.35
5 Le, Austin	12	Prairiewood	33.53	33.43
6 Daley, Jackson	12	Mount Annan	33.07	33.82
7 Muiser, Zacharius	12	Mount Annan	33.50	34.30
8 Dale-Papierski, Callan	12	Mount Annan	34.61	35.66
9 Harrington, Leandre	12	Prairiewood	37.32	37.86
10 Van Stralen, Dylan	12	Picton	44.17	44.84
11 Dimech-O'Connell, Daniel	12	Mount Annan	48.58	49.75

Boys 12 Year Olds 50 LC Meter Backstroke

Name	Age	Team	Seed Time	Finals Time
1 McLeod, Cooper	12	Picton	36.18	37.23
2 Parrish, Riley	12	Mount Annan	39.06	40.20
3 Crakanthorp, Hugh	12	Trinity Grammar	40.05	40.68
4 Daley, Jackson	12	Mount Annan	38.34	41.45
5 Dale-Papierski, Callan	12	Mount Annan	39.16	41.60
6 Bullard, Liam	12	Nepean Aquatic Centre	42.04	43.93
7 Harrington, Leandre	12	Prairiewood	45.39	45.28
8 Muiser, Zacharius	12	Mount Annan	42.18	45.76
9 Van Stralen, Dylan	12	Picton	57.28	1:04.06
10 Dimech-O'Connell, Daniel	12	Mount Annan	1:11.16	1:10.29

Boys 12 Year Olds 50 LC Meter Breaststroke

Name	Age	Team	Seed Time	Finals Time
1 McLeod, Cooper	12	Picton	39.63	38.72
2 Le, Austin	12	Prairiewood	41.66	39.85
3 Bullard, Liam	12	Nepean Aquatic Centre	39.49	40.35
4 Parrish, Riley	12	Mount Annan	41.38	42.34
5 Daley, Jackson	12	Mount Annan	43.83	45.53
6 Dale-Papierski, Callan	12	Mount Annan	43.86	45.85
7 Muiser, Zacharius	12	Mount Annan	45.02	46.14
8 Crakanthorp, Hugh	12	Trinity Grammar	50.90	49.87
9 Harrington, Leandre	12	Prairiewood	50.92	50.05
10 Dimech-O'Connell, Daniel	12	Mount Annan	1:07.67	1:12.37
11 Van Stralen, Dylan	12	Picton	1:03.72	1:12.69

Boys 12 Year Olds 50 LC Meter Butterfly

Name	Age	Team	Seed Time	Finals Time
1 McLeod, Cooper	12	Picton	33.91	33.12
2 Parrish, Riley	12	Mount Annan	34.32	35.95
3 Bullard, Liam	12	Nepean Aquatic Centre	37.39	36.81
4 Le, Austin	12	Prairiewood	38.98	37.07
5 Daley, Jackson	12	Mount Annan	37.42	38.15
6 Crakanthorp, Hugh	12	Trinity Grammar	47.71	39.30
7 Muiser, Zacharius	12	Mount Annan	41.91	40.50
8 Dale-Papierski, Callan	12	Mount Annan	42.76	43.99
9 Harrington, Leandre	12	Prairiewood	45.31	46.03
10 Dimech-O'Connell, Daniel	12	Mount Annan	1:15.38	1:12.25

Boys 13 Year Olds 50 LC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Huynh, Christopher	13	Mounties	27.59	27.89
2 Dimech-O'Connell, John	13	Mount Annan	29.50	29.28

2019 MSW Long Course Sprint Meet - 23/03/2019**Results - MSW Long Course Sprint Meet****(Boys 13 Year Olds 50 LC Meter Freestyle)**

	Name	Age	Team	Seed Time	Finals Time
3	Vardy, Cody	13	Picton	29.78	30.40
4	Estrella, Joshua	13	AquaBlitz Toongabbie	31.09	30.42
5	Pouranviah, Dominic	13	Liverpool	31.27	32.19
6	Whiting, Reece	13	Holsworthy Hammerheads	32.68	32.42
7	Looi, Raymond	13	Mlc Marlins	34.47	32.94
8	Hayes, Rory	13	Ripples St Marys	33.35	33.05
9	Domingo, Marcus	13	Sgac Aquatics	35.95	34.18
10	Pham, Long	13	Prairiewood	NT	34.81
11	Timbol, Raj	13	Ripples St Marys	34.63	35.00
12	Menhem, Elie	13	Merrylands	35.92	35.68
13	Davidoff, Timothy	13	Mounties	NT	36.01

Boys 13 Year Olds 50 LC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Dimech-O'Connell, John	13	Mount Annan	33.75	34.04
2	Huynh, Christopher	13	Mounties	34.31	34.81
3	Estrella, Joshua	13	AquaBlitz Toongabbie	36.14	35.78
4	Whiting, Reece	13	Holsworthy Hammerheads	38.69	37.82
5	Vardy, Cody	13	Picton	37.66	38.72
6	Looi, Raymond	13	Mlc Marlins	38.46	39.04
7	Pouranviah, Dominic	13	Liverpool	38.17	39.89
8	Hayes, Rory	13	Ripples St Marys	41.55	40.44
9	Davidoff, Timothy	13	Mounties	NT	43.14
10	Domingo, Marcus	13	Sgac Aquatics	NT	44.07
11	Pham, Long	13	Prairiewood	NT	44.96
12	Menhem, Elie	13	Merrylands	45.96	46.07
13	Timbol, Raj	13	Ripples St Marys	46.49	46.38

Boys 13 Year Olds 50 LC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Huynh, Christopher	13	Mounties	35.00	35.88
2	Estrella, Joshua	13	AquaBlitz Toongabbie	35.55	36.09
3	Domingo, Marcus	13	Sgac Aquatics	41.30	39.96
4	Davidoff, Timothy	13	Mounties	NT	42.96
5	Dimech-O'Connell, John	13	Mount Annan	42.48	43.19
6	Whiting, Reece	13	Holsworthy Hammerheads	43.02	44.00
7	Hayes, Rory	13	Ripples St Marys	48.11	47.01
8	Pouranviah, Dominic	13	Liverpool	46.90	47.62
9	Vardy, Cody	13	Picton	48.56	48.34
10	Menhem, Elie	13	Merrylands	46.31	48.40
11	Looi, Raymond	13	Mlc Marlins	49.49	49.04

Boys 13 Year Olds 50 LC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Estrella, Joshua	13	AquaBlitz Toongabbie	31.70	31.72
2	Dimech-O'Connell, John	13	Mount Annan	32.25	32.10
3	Huynh, Christopher	13	Mounties	32.60	32.55
4	Vardy, Cody	13	Picton	33.20	33.92
5	Pouranviah, Dominic	13	Liverpool	34.13	34.48
6	Whiting, Reece	13	Holsworthy Hammerheads	36.18	35.77
7	Looi, Raymond	13	Mlc Marlins	35.52	36.58
8	Domingo, Marcus	13	Sgac Aquatics	NT	40.72

2019 MSW Long Course Sprint Meet - 23/03/2019**Results - MSW Long Course Sprint Meet****(Boys 13 Year Olds 50 LC Meter Butterfly)**

	Name	Age	Team	Seed Time	Finals Time
9	Hayes, Rory	13	Ripples St Marys	41.88	41.28
10	Menhem, Elie	13	Merrylands	44.62	46.79

Boys 14 Year Olds 50 LC Meter Freestyle

	Name	Age	Team	Seed Time	Finals Time
1	Murray, Michael	14	Camden	26.99	26.73
2	Stanley, Max	14	Mounties	29.53	28.32
3	Parrish, Joshua	14	Mount Annan	28.18	28.53
4	Bone, Matthew	14	Nepean Aquatic Centre	28.76	28.64
5	McLeod, Jack	14	Picton	29.42	29.26
6	Smith, Fletcher	14	Mount Annan	30.01	30.12
7	Simpson, Jared	14	Camden	31.46	30.39
8	Jeffries, Alex	14	Mount Annan	31.24	31.06
9	Ionita, Renaldo	14	Mounties	31.24	31.26
10	Bayliss, Patrick	14	Sgac Aquatics	37.00	36.85

Boys 14 Year Olds 50 LC Meter Backstroke

	Name	Age	Team	Seed Time	Finals Time
1	Simpson, Jared	14	Camden	34.23	33.12
2	Murray, Michael	14	Camden	33.75	33.77
3	Stanley, Max	14	Mounties	NT	36.04
4	Parrish, Joshua	14	Mount Annan	36.30	37.27
5	Smith, Fletcher	14	Mount Annan	37.22	37.35
6	Bone, Matthew	14	Nepean Aquatic Centre	37.77	38.30
7	McLeod, Jack	14	Picton	41.16	38.74
8	Jeffries, Alex	14	Mount Annan	41.60	40.76
9	Ionita, Renaldo	14	Mounties	43.14	42.81
10	Bayliss, Patrick	14	Sgac Aquatics	49.57	51.36

Boys 14 Year Olds 50 LC Meter Breaststroke

	Name	Age	Team	Seed Time	Finals Time
1	Murray, Michael	14	Camden	37.75	37.26
2	Parrish, Joshua	14	Mount Annan	38.45	39.18
3	McLeod, Jack	14	Picton	39.85	40.25
4	Stanley, Max	14	Mounties	NT	40.33
5	Bone, Matthew	14	Nepean Aquatic Centre	40.63	40.86
6	Ionita, Renaldo	14	Mounties	43.00	41.26
7	Smith, Fletcher	14	Mount Annan	41.89	42.25
8	Simpson, Jared	14	Camden	44.23	44.54
9	Jeffries, Alex	14	Mount Annan	46.41	45.28
10	Bayliss, Patrick	14	Sgac Aquatics	46.28	46.25

Boys 14 Year Olds 50 LC Meter Butterfly

	Name	Age	Team	Seed Time	Finals Time
1	Murray, Michael	14	Camden	29.97	29.62
2	Parrish, Joshua	14	Mount Annan	29.43	30.31
3	Smith, Fletcher	14	Mount Annan	31.17	31.32
4	McLeod, Jack	14	Picton	32.24	31.65
5	Stanley, Max	14	Mounties	NT	31.82
6	Bone, Matthew	14	Nepean Aquatic Centre	33.18	32.97
7	Simpson, Jared	14	Camden	34.34	34.12
8	Ionita, Renaldo	14	Mounties	38.95	37.52
9	Jeffries, Alex	14	Mount Annan	38.32	37.61

2019 MSW Long Course Sprint Meet - 23/03/2019**Results - MSW Long Course Sprint Meet****(Boys 14 Year Olds 50 LC Meter Butterfly)**

Name	Age	Team	Seed Time	Finals Time
10 Bayliss, Patrick	14	Sgac Aquatics	NT	45.55

Boys 15 & Over 50 LC Meter Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Weston, Alan	15	Trinity Grammar	26.84	26.53
2 Stevens, Riley	15	Nepean Aquatic Centre	26.95	26.67
3 Houghton, Kyle	16	Picton	27.15	27.62
4 Evans, Michael	16	Merrylands	28.38	28.51
5 Attard, Brock	15	Mount Annan	29.32	28.93
6 Attard, Brackan	15	Mount Annan	28.95	29.26
7 Mao, Ryan	15	Prairiewood	29.18	29.49
8 Burke, Connor	16	Ripples St Marys	29.59	29.69
9 Pham, Joshua	15	Prairiewood	29.26	29.80
10 Newcombe, Jake	15	Mount Annan	28.82	29.83
11 Timbol, Lawrenz	15	Ripples St Marys	31.75	31.04

Boys 15 & Over 50 LC Meter Backstroke

Name	Age	Team	Seed Time	Finals Time
1 Stevens, Riley	15	Nepean Aquatic Centre	33.94	33.86
2 Mao, Ryan	15	Prairiewood	34.70	33.92
3 Newcombe, Jake	15	Mount Annan	33.35	33.97
4 Evans, Michael	16	Merrylands	36.15	34.48
5 Attard, Brock	15	Mount Annan	35.01	35.66
6 Burke, Connor	16	Ripples St Marys	37.37	37.13
7 Attard, Brackan	15	Mount Annan	36.38	37.85
8 Timbol, Lawrenz	15	Ripples St Marys	39.57	39.62

Boys 15 & Over 50 LC Meter Breaststroke

Name	Age	Team	Seed Time	Finals Time
1 Houghton, Kyle	16	Picton	35.44	36.05
2 Newcombe, Jake	15	Mount Annan	36.85	36.68
3 Attard, Brackan	15	Mount Annan	36.78	36.70
4 Evans, Michael	16	Merrylands	37.65	37.21
5 Timbol, Lawrenz	15	Ripples St Marys	37.28	37.76
6 Attard, Brock	15	Mount Annan	40.23	38.73
7 Mao, Ryan	15	Prairiewood	38.86	39.07
8 Burke, Connor	16	Ripples St Marys	42.03	40.33
9 Stevens, Riley	15	Nepean Aquatic Centre	41.37	40.94

Boys 15 & Over 50 LC Meter Butterfly

Name	Age	Team	Seed Time	Finals Time
1 Houghton, Kyle	16	Picton	30.03	30.21
2 Evans, Michael	16	Merrylands	30.96	30.56
3 Stevens, Riley	15	Nepean Aquatic Centre	31.68	30.77
4 Attard, Brackan	15	Mount Annan	31.84	31.38
5 Attard, Brock	15	Mount Annan	33.56	31.44
6 Mao, Ryan	15	Prairiewood	32.33	31.96
7 Pham, Joshua	15	Prairiewood	31.70	32.53
8 Newcombe, Jake	15	Mount Annan	33.77	33.37
9 Burke, Connor	16	Ripples St Marys	33.23	33.42

2019 MSW Long Course Sprint Meet - 23/03/2019**Results - MSW Long Course Sprint Meet****Mixed 10 & Under 200 LC Meter Freestyle Relay**

Team	Relay	Seed Time	Finals Time
1 Ripples St Marys	A	2:19.12	2:26.98
2 Prairiewood	A	NT	2:29.37
3 Mount Annan	A	2:31.52	2:37.40
4 Ripples St Marys	B	2:33.93	2:43.36
5 Nepean Aquatic Centre	A	NT	2:44.04
6 Picton	A	NT	2:51.97
7 Prairiewood	B	NT	2:55.93
8 Camden	A	NT	2:56.79
9 Mount Annan	B	2:48.40	3:00.76
10 Merrylands	A	2:40.27	3:01.73
11 Ripples St Marys	C	2:44.16	3:04.16
12 AquaBlitz Toongabbie	A	NT	3:06.81
13 Prairiewood	C	NT	3:08.66
14 Mounties	A	NT	3:10.93
15 Merrylands	B	3:05.93	3:33.51

Mixed 13 & Under 200 LC Meter Freestyle Relay

Team	Relay	Seed Time	Finals Time
1 Mount Annan	A	2:04.08	2:09.15
2 Picton	A	NT	2:15.52
3 Camden	A	NT	2:23.08
4 AquaBlitz Toongabbie	A	NT	2:23.14
5 Prairiewood	A	NT	2:23.73
6 Mount Annan	B	2:21.53	2:26.62
7 Ripples St Marys	A	NT	2:33.94
8 Mounties	A	NT	2:34.98
9 Merrylands	B	2:42.28	2:42.64
10 Merrylands	A	2:15.46	2:44.11
11 Picton	B	NT	2:56.64

Mixed Open 200 LC Meter Freestyle Relay

Team	Relay	Seed Time	Finals Time
1 Mount Annan	A	1:57.32	2:03.38
2 Prairiewood	A	NT	2:08.33
3 Camden	A	NT	2:09.25
4 Picton	A	NT	2:11.02
5 Ripples St Marys	A	NT	2:12.35
6 Mount Annan	B	2:11.25	2:14.81
7 Mounties	A	NT	2:15.47
8 Merrylands	A	2:09.36	2:18.52