Swimming Metro South West

Short Course Qualifying Meet

Saturday 7th August 2021

Sydney Olympic Park Aquatic Centre

***** Warm Up 8:00am*** *****Start 9.00 am***

M	QT	F	QT	AGE	DIST	STROKE
1	5:40.00	2	6:00.00	Open	400m	I.M.
3	55.00	4	55.00	11/Under	50m	Free
5	45.00	6	45.00	12/Over	50m	Free
7	2:00.00	8	2:00.00	11/Under	100m	Breast
9	1:50.00	10	1:50.00	12/Over	100m	Breast
11	3:00.00	12	3:00.00	Open	200m	Back
13	1:05.00	14	1:05.00	11/Under	50m	Fly
15	55.00	16	55.00	12/Over	50m	Fly
17	1:40.00	18	1:40.00	11/Under	100m	Free
19	1:30.00	20	1:30.00	12/Over	100m	Free
21	3:00.00	22	3:00.00	Open	200m	Fly
23/24	10:30.00 (800)	Mixed	20:00.00 (1500)	Open	800m/1500m	Free
30 minute break						
25	5:20.00	26	5:30.00	Open	400m	Free
27	3:00.00	28	3:10.00	Open	200m	I.M.
29	1:05.00	30	1:05.00	11/Under	50m	Back
31	55.00	32	55.00	12/Over	50m	Back
33	1:50.00	34	1:50.00	11/Under	100m	Fly
35	1:40.00	36	1:40.00	12/Over	100m	Fly
37	2:40.00	38	2:45.00	Open	200m	Free
39	1:10.00	40	1:10.00	11/Under	50m	Breast
41	1:00.00	42	1:00.00	12/Over	50m	Breast
43	1:50.00	44	1:50.00	11/Under	100m	Back
45	1:40.00	46	1:40.00	12/Over	100m	Back
47	3:20.00	48	3:20.00	Open	200m	Breast

Swimmers from all Areas are welcome to attend

MSW Area clubs may be required to assist with timekeeping

*****RESTRICTED TO 2000 ENTRIES*****

CONDITIONS OF ENTRY

1. Meet conducted under the rules of SNSW Ltd and is an Area approved/conducted Meet
2. All Events are Timed Finals.
3. **Entries to be submitted online or Team Manager file (on request)**
4. **Entry Fees $9.00** per individual event
5. **Entries Close: Tuesday 27th July 2021**
6. Age as at 7th August 2021
7. Pool Entry. $5.00 Adults Swimmers/Children Free
8. Medals will be awarded as follows:
   - 50m events – 8/U, 9, 10, 11, 12, 13, 14, 15/O
   - 100m events – 10/U, 11, 12, 13, 14, 15/O
   - 200/400m events – Open Event
   - 800/1500 – is a Time Trial Event and no medals will be awarded.
9. No Phone or Late Entries will be accepted.
10. The Meet Director reserves the right to amend the program & conditions of entry.
11. **Enquiries:** **Kathy Thompson 0419144524**

    Online Entries:

    https://swimcentral.swimming.org.au/bounce?returnUrl=%2Fevents%2F008b70b2-48fa-4eaa-a57a-49c3e5190d99%2Fdetail

    Email: **registrar@metrosw.org.au**